Links to Commonly Used Screening Instruments and Tools

The American Academy of Pediatrics does not approve nor endorse any specific tool for screening purposes. This table is not exhaustive, and other screening tools may be available. For best results, it is recommended that users review available instruction manuals before administering, scoring, and analyzing results of the scoring tools. Availability of a tool in multiple languages does not correlate to validation of the tool in such languages.

Links provided for these commonly used tools go to the author or the owner (or both) of the specific tool to ensure accessibility to the most up-to-date version of the specific tool. Review and comply with any copyright and permissions requirements before use.

Instruments for Recommended Universal Screening at Specific Bright Futures Visits

<table>
<thead>
<tr>
<th>Recommended Visit</th>
<th>Recommended Screening</th>
<th>Tool by Author/Owner</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Maternal Depression</strong></td>
<td><strong>1 Month</strong></td>
<td><strong>Edinburgh Postpartum Depression Scale (EPDS)</strong>&lt;sup&gt;a&lt;/sup&gt; A modified version of the EPDS is included as part of the Family Questions section in the Survey of Well-being of Young Children (SWYC).</td>
</tr>
<tr>
<td><strong>2 Month</strong></td>
<td>Patient Health Questionnaires (PHQs) <strong>PHQ-9</strong></td>
<td></td>
</tr>
</tbody>
</table>
| **4 Month** | **PHQ-2**<sup>b</sup> | - Bright Futures sample form  
- Instructions |
| **6 Month** | | |
| **General** | **Universal** | **AAP Oral Health Risk Assessment (OHRA)** |
| **6 Month** | **9 Month** | | |
| **If No Dental Home** | **12 Month** | **AAP “Developmental Screening Tools” table** (found in Supplemental Information) |
| **15 Month** | | Ages & Stages Questionnaires, Third Edition (ASQ-3)  
Parents’ Evaluation of Developmental Status (PEDS)  
Survey of Well-being of Young Children (SWYC) (milestones) |
| **18 Month** | **2½ Year** | | |
| **9 Month** | **18 Month** | **Modified Checklist for Autism in Toddlers, Revised, with Follow-Up (M-CHAT-R/F)**  
- Translations |
| **2½ Year** | | Survey of Well-being of Young Children (SWYC) (Parent’s Observations of Social Interactions) |
| **3 Year** | **4 Year** | | |
| **5 Year** | **6 Year** | | |
### Instruments for Recommended Universal Screening at Specific Bright Futures Visits (continued)

<table>
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</table>
| 11 Through 14 Year | Depression (beginning at age 12) | PHQ-9 Modified for Teens<sup>b</sup>  
A version of the PHQ-9 Modified for Teens is available in the [Guidelines for Adolescent Depression in Primary Care Toolkit](https://brightfutures.aap.org) (in multiple languages).  
Another sample of the PHQ-9 Modified for Teens is available through the [Community Care of North Carolina](https://brightfutures.aap.org).  
PHQ-2<sup>b</sup>  
**Bright Futures sample form**  
**Instructions** |
| 15 Through 17 Year | Tobacco, Alcohol, or Drug Use | [Alcohol Screening and Brief Intervention for Youth: A Practitioner’s Guide](https://brightfutures.aap.org)  
[Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)](https://brightfutures.aap.org)  
[Car, Relax, Alone, Forget, Friends, Trouble (CRAFFT)](https://brightfutures.aap.org)  
[Screening to Brief Intervention (S2BI)](https://brightfutures.aap.org) |
| 18 Through 21 Year | Tobacco, Alcohol, or Drug Use | |

**Abbreviation:** AAP, American Academy of Pediatrics.

### Other Commonly Used Screening and Assessment Tools

<table>
<thead>
<tr>
<th>Recommended Screening</th>
<th>Tool by Author/Owner</th>
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</thead>
</table>
| Parent and family assessment | [Safe Environment for Every Kid (SEEK) Parent Questionnaire – R](https://brightfutures.aap.org)  
**Translations** |
| Psychological and behavioral assessment | [Pediatric Symptom Checklist (PSC)](https://brightfutures.aap.org)  
**Translations**  
[Strengths and Difficulties Questionnaires (SDQ)](https://brightfutures.aap.org)  
**Translations** |
| Social determinants of health | [Accountable Health Communities Health-Related Social Needs Screening Tool](https://brightfutures.aap.org)  
[Center for Youth Wellness ACE Questionnaire (CYW ACE-Q)](https://brightfutures.aap.org)  
[American Academy of Family Physicians The EveryONE Project](https://brightfutures.aap.org)  
[Health Leads Social Needs Screening Toolkit](https://brightfutures.aap.org)  
[Hunger Vital Sign](https://brightfutures.aap.org)  
[IHELL P (Income, Housing, Education, Legal Status, Literacy, and Personal Safety) Social History Questions](https://brightfutures.aap.org)  
[Protocol for Responding to and Assessing Patients’ Assets, Risks, and Experiences (PRAPARE)](https://brightfutures.aap.org)  
[Survey of Well-being of Young Children (SWYC) (Family Questions)](https://brightfutures.aap.org)  
[Well Child Care, Evaluation, Community Resources, Advocacy, Referral, Education (WE CARE) Survey](https://brightfutures.aap.org) |
| Crosscutting | [Survey of Well-being of Young Children (SWYC)](https://brightfutures.aap.org)  
**Translations**  
[AAP Screening Tool Finder<sup>c</sup>](https://brightfutures.aap.org) |

<sup>a</sup> Permission required for use. Contact the Royal College of Psychiatrists at [permissions@rcpsych.ac.uk](mailto:permissions@rcpsych.ac.uk) to request permission to use.  
<sup>b</sup>This version is not available on the Pfizer Web site.  
<sup>c</sup>This is a searchable database of screening tools for children 0–5 years of age.

Last updated March 6, 2020